

December 2018 Breakfast Okemah



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Waffles (2) with Toppings Cereal Fruit Juice Milk	4 Muffin Cheese Stick Cereal Fruit Juice Milk	5 Donut Cereal Fruit Juice Milk	6 Breakfast Bagel Sandwich (Sausage & Egg) Cereal Fruit Juice Milk	7 Biscuit & Gravy Sausage Jelly Cereal Fruit Juice Milk
10 Oatmeal with toppings Cereal Fruit Juice Milk	11 Toast & Jelly Scrambled Eggs Cereal Fruit Juice Milk	12 Breakfast Pizza Flatbread Cereal Fruit Juice Milk	13 Sweet Waffle Sticks Cereal Fruit Juice Milk	14 Biscuit & Gravy Jelly Cereal Fruit Juice Milk
17 Pancakes Scrambled Eggs Cereal Fruit Juice Milk	18 Oatmeal with Toppings Cereal Fruit Juice Milk	19 Pancake Minis Cereal Fruit Juice Milk	20 Toast Breakfast Scramble Jelly Cereal Fruit Juice Milk	21 Biscuit & Gravy Sausage Jelly Cereal Fruit Juice Milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL	1 NO SCHOOL			

December 2018 Lunch Okemah



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pig In a Blanket Mac and Cheese Green Beans Fruit Milk Salad Bar	4 Chicken and Noodles Roasted Carrots Garden Salad Biscuit Fruit Milk Salad Bar	5 BBQ Mini Meatloaf Mashed Potato and Gravy Dinner Roll Fruit Milk Salad Bar	6 Chicken Taquitos Refried Beans Chips and Salsa Fruit Milk Salad Bar	7 Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit Milk Salad Bar
10 Spaghetti with Meat Sauce Breadstick Roasted Carrots Fruit Milk Salad Bar	11 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	12 Chili Fritos Beans Cinnamon Stick Fruit Milk Salad Bar	13 Pork Loin Green Beans Corn Dinner Roll Fruit Milk Salad Bar	14 Pizza Bar Caesar Salad Fruit Milk Salad Bar
17 Nacho Bar (Beef, Chips, Queso, Beans) Salsa Fruit Milk Salad Bar	18 Chicken Fried Steak Green Beans Dinner Roll Fruit Milk Salad Bar	19 Pineapple Glazed Ham Mashed Potatoes & Gravy Broccoli and Cheese Sauce Iced Sugar Cookie Dinner Roll Fruit	20 Southwest Chicken Pot Pie Roasted Carrots Biscuit Fruit Milk Salad Bar	21 Cheeseburger Tater Tots Fruit Milk Salad Bar
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL	1 NO SCHOOL			