

Okemah Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2	3	4
7 Pancake Minis Cereal Fruit Juice Milk	8 Toast Breakfast Scramble Cereal Fruit Juice Milk	9 Yogurt Parfait Cereal Fruit Juice Milk	10 Donut Cereal Fruit Juice Milk	11 Biscuit and Gravy Sausage Cereal Fruit Juice Milk
14 Oatmeal with Toppings Cereal Fruit Juice Milk	15 Breakfast Burrito Cereal Fruit Juice Milk	16 Muffin Cheese Stick Cereal Fruit Juice Milk	17 Pancake on a stick Cereal Fruit Juice Milk	18 Biscuit and Gravy Cereal Fruit Juice Milk
21	22 Donut Oatmeal Cereal Fruit Juice Milk	23 Cinnamon Toast Yogurt Cereal Fruit Juice Milk	24 Waffle Scrambled Eggs Cereal Fruit Juice Milk	25 Biscuit and Gravy Sausage Fruit Juice Milk
28 Breakfast Taco Cereal Fruit Juice Milk	29 French Toast Sticks (3) Cereal Fruit Juice Milk	30 Muffin Oatmeal Cereal Fruit Juice Milk	31 Pancake Scrambled Eggs Cereal Fruit Juice Milk	1 Biscuit and Gravy Fruit Juice Milk

Okemah Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2	3	4
7 Country Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	8 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk Salad Bar	9 Pizza Pasta Garlic Knot Green Beans Fruit Milk Salad Bar	10 Ranch Chicken Flatbread Caesar Salad Fruit Milk Salad Bar	11 Cheeseburger Sweet Potato Fries Fruit Milk Salad Bar
14 Ham and Cheese Sub Baby Carrots Ruffles Fruit Milk Salad Bar	15 Beef Soft Taco Chips and Salsa Refried Beans Fruit Milk Salad Bar	16 Pineapple Glazed Ham Corn Green Beans Dinner Roll Fruit Milk Salad Bar	17 Waffles Sausage Scrambled Eggs Breakfast Potatoes Fruit Milk Salad Bar	18 Pizza Bar Italian Salad Fruit Milk Salad Bar
21	22 Popcorn Chicken Mashed Potatoes and Gravy Green Beans Dinner Roll Fruit Milk Salad Bar	23 Philly Joe French Fries Rice Krispies Treat Fruit Milk Salad Bar	24 Nacho Bar (Beef, Chips, Queso, Chili Beans) Salsa Fruit Milk Salad Bar	25 Spaghetti with Meat Sauce Breadstick Caesar Salad Fruit Milk Salad Bar
28 Corn Dog Mac and Cheese Green beans Fruit Milk Salad Bar	29 Mini Meatloaf Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	30 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Milk Salad Bar	31 Mexican Flatbread Refried Beans Chips and Salsa Fruit Milk Salad Bar	1 Cheeseburger Tater Tots Garden Salad Fruit Milk Salad Bar